

Probiotic Brand Comparison Chart 2018*

	Labinic Drops™	Infloran™	Culturelle™ Kids	Biogaia Protectis™	Optibac™ for Babies & Children	Probiolactol™ Infantis	Morinaga™ M-16V	Florababy™
Suggested daily infant dose*	0.2 ml	1/2 capsule	1 sachet	5 drops	1 sachet	1/2 - 1 capsule	0.3 grams	0.5 grams
Content in dose*	L. acidophilus (~660 million)	L. acidophilus (~500 million)	L. GG (~5 billion)	L. reuteri (~100 million)	L. acidophilus Rosell-52 (dose not specified)	L. acidophilus (dose not specified)	B. breve (~1 billion)	B. breve, bifidum, infantis, longum (~1.5 billion)
Content in dose*	B. bifidum (~660 million)	B. infantis (~500 million)	✗	✗	B. infantis Rosell-33 (dose not specified)	B. bifidum (dose not specified)	✗	L. rhamnosus (~500 million)
Content in dose*	B. infantis (~660 million)	✗	✗	✗	B. Bifidum Rosell-71 (dose not specified)	B. infantis (dose not specified)	✗	✗
Dose over 1.5 billion/day?*	✓	✗	✓	✗	✓	✓	✗	✓
Mixture of Lactobacillus & Bifidobacteria?	✓	✓	✗	✗	✓	✓	✗	✓
Liquid preparation?	✓	✗	✗	✓	✗	✗	✗	✗
Stable at room temperature?	✓	✗	✓	✓	✓	✗	✗	✗
Dairy free?	✓	✓	✓	?	✗	?	?	✗
Soya free?	✓	✓	✓	?	✗	?	?	✗
Animal product free?	✓	✗ Gelatin (collagen)	✓	✓	✓	✗ Gelatin (collagen)	✓	✓
No increase in osmolality if added to milk?	✓	✗	✗	✓	✗	✗	✗	✗
Sweetener free?	✓	✗ Sucrose	✗ Maltodextrin, Mannitol (alcohol sugar) and Sucrose	✓	✓	✗ Maltodextrin	✗ Sucrose/Glucose	✗ Maltodextrin
Lactose free?	✓	✗	✓	✓	✓	✓	✓	✓
Specially made for babies?	✓	✗	✗	✓	✓	✗	✓	✓
Contains MCTs?	✓	✗	✗	✓	✗	✗	✗	✗
Other (*online sources 2018 E&OE)		Withdrawn 2016; animal products		Note small dose	Contains starch; total dose only given	Animal products; total dose only given		